



SRIM MEDITATION CENTER

Sri Karunamayi Research Institute of Meditation

<http://srimcenter.org/main/>

Soundaryalahari and Devi Stotra Mala Devotional CDs Fundamental lessons on Carnatic Music An offering to Amma Sri Karunamayi

Sri Karunamayi Amma, through love, compassion and Her message of universal peace has been guiding devotees throughout the world to achieve inner peace and liberation from bondages. Amma says that the key to such inner peace is meditation: "In prayer we are always talking to God. But in meditation, God will be speaking to us".

Amma has asked that one of the primary missions of SRIM Meditation Center should be to establish the deep connection that exists between meditation and inner purification through chakra cleansing for curing health problems and mental depression.

Smt. Usha Balakrishnan and Smt. Priya Chandrasekaran have released two devotional CD's entitled *Soundaryalahari* and *Devi Stotra Mala* in an effort to raise funds for SRIM Meditation Center under the auspices and guidance of Sri Sri Karunamayi Amma.

Following are some details of the CDs:

Soundaryalahari is a musical rendition of Adi Sankara's lyrics in praise of the Divine Mother. Just to give a brief outline, Adi Sankara's *Soundaryalahari* is an outstanding composition of hymns on Devi Parasakti. The first part of 41 verses called 'Anandalahari' is regarded a 'Mantra Sastra' describing the gross and subtle form of Devi and mode of worship of the Divine Mother. The remaining 59 verses contain an exquisite portrayal of the physical form of Devi from head to foot ending with a prayer for Her grace.

The CD contains all the slokas sung by Smt. Usha Balakrishnan in 100 different ragas, with Veena accompaniment by Smt. Priya Chandrasekaran.

Devi Stotra Mala is also a musical rendition of the following slokas:

- Devi Pancharatnam
- Rajarajeswari Ashtakam
- Meenakshi Pancharatnam
- Mantra Maatruka Pushpamala

Smt. Usha Balakrishnan has also released a 4 volume CD set - “Fundamentals of Carnatic Music” where the following have been sung. The CDs can be used as a way to learn or augment lessons for practicing. Below are the details:

- Volume 1 – Swaravali Varisas to Alankaras (some sung in 1st 2nd and 3rd kaalas)
- Volume 2 – Geethams and Swarajathis
- Volume 3 – Aadi Tala varnas
- Volume 4 – Aadi tala, Ata tala and Pada varnas

Smt. Usha Balakrishnan is a long time Atlanta resident and music teacher. Smt. Priya Chandrasekaran, also a resident of Atlanta, is a versatile veena player, teacher and artist affiliate at Emory University.

The CDs may be purchased by contacting Smt. Usha Balakrishnan. The proceeds from the sale of the CDs will go towards the development of SRIM Meditation Center.

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| • Soundaryalahari CD(set) or MP3 CD | \$20 |
| • Devi Stotra Mala CD | \$15 |
| • Fundamentals of Carnatic music (each volume) | \$10 |

A complimentary CD containing several Bhajans – also sung by Smt. Usha Balakrishnan will be gifted for orders \$50.00 or more.

CDs mailed out of town will require an additional \$5.00 shipping and handling charges.

Checks can be made payable to: **SRIM Center and send to:**

**Usha Balakrishnan
1138 Pin Oak Drive
Tucker, GA 30084**

Please also feel free to forward this information to those that you know who will be interested.

Contact information:

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